

Rainbow Network Training

Rainbow Network training explores the everyday experiences of young LGBTIQ+ people by hearing their stories and studying evidence-based research. Participants also explore inclusive practice principles and how to apply these within their organisation.

Rainbow Network training offers introductory four-hour programs and more extensive six-hour programs that include frameworks for understanding sex, gender, and sexuality, and help participants to better understand how the health and wellbeing of young LGBTIQ+ people are impacted by discrimination. Both sessions provide a foundational understanding of inclusive practices that can be implemented by youth work professionals and organisations.

Who is it for?

This program is suitable for all staff and is designed to meet the needs of a broad range of professionals who support or may come into contact with young LGBTIQ+ people, including youth workers, health and mental health professionals and teachers.

It's recommended that people from all areas in an organisation receive at least the four-hour training.

Past participants

"Very digestible yet thorough content. Easily understandable for people with limited knowledge, yet engaging for someone who has some knowledge/experience. Covered such an incredible breadth of information. Presenters worked/engaged well with each other"

— Anglicare

"The mix of both the theoretical perspective with the voice of young people and very concrete examples of how to make our services inclusive was very valuable"

— Hope Street Youth and Family Services

"Excellent opportunities for discussion. Great resources. Created a safe space, enjoyable and engaging"

— WAYSS

Breaking down the binary

4 Hours

Introduction to LGBTIQ+ inclusive practice in youth work settings

The four-hour session teaches participants about inclusive behaviours and ways of working so they can begin to apply these within their organisation.

Participants will:

- Look at frameworks for understanding sex, gender and sexuality
- Explore studies into the health and wellbeing of LGBTIQ+ young people
- Begin to analyse their current work practice and the ways their organisation can become more inclusive for young LGBTIQ+ people
- Start to identify and apply tools and strategies to improve services and outcomes for LGBTIQ+ young people, both as an individual and an organisation

Healthy Equal Youth

6 Hours

Applying LGBTIQ+ inclusive practice in youth work settings

This full day training includes additional content and skills that can be applied to encourage LGBTIQ+ inclusion across individual work practices, and within the systems of an organisation

Participants will:

- Look at frameworks for understanding sex, gender and sexuality
- Explore studies into the health and wellbeing of LGBTIQ+ young people
- Learn frameworks for embedding LGBTIQ+ inclusive practices in their own work and across their organisation
- Learn to analyse their current work practices and the ways their organisation can facilitate LGBTIQ+ inclusion
- Practice identifying and applying tools and strategies to improve services outcomes for LGBTIQ+ young people, both as an individual and an organisation